

Peppermint Spray

Peppermint Spray Recipe

Ingredients:

- 10-15 drops of peppermint essential oil
- 1 cup (8 oz) of water
- 1-2 drops of mild liquid dish soap (optional, to help the oil mix with water)

Instructions:

- Add the water to a spray bottle.
- Drop in the peppermint oil.
- (Optional) Add 1-2 drops of dish soap and shake well to emulsify the oil and water.

How to Use:

- Spray directly onto plants, focusing on the undersides of leaves and areas where pests like to hide.
 - Avoid spraying during the hottest part of the day, as it could scorch the leaves.
 - Reapply every 5-7 days or after watering/rain.
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